

# FLEX-EZE

Flex-Eze is a nutritional supplement designed to support healthy joints and flexibility.\* Clinical studies show that joint discomfort may be the result of inflammatory responses and nutritional deficiencies in the body.<sup>1,2,3,4</sup> Flex-Eze contains magnesium, xanthohumol, and undenatured collagen known for their efficacious outcomes with supporting healthy inflammatory markers and joint flexibility.\*<sup>1,2,4</sup>

## How Flex-Eze Works

Decades of research demonstrates that magnesium may play a role in inflammation.<sup>2,5</sup> Flex-Eze contains a proprietary magnesium formula called TRAACS®. Magnesium is a natural calcium antagonist and supports healthy oxidative stress.\*<sup>5</sup> Supplementation has shown to support healthy inflammatory markers in the body.\*<sup>2,3</sup>

Xanthohumol is a bioactive flavonoid molecule found in the female hops plant. Studies show it has numerous nutraceutical benefits and is much more potent than other modified derivative forms from the hops plant such as THIAA and RIAA.<sup>6,7,8</sup>

Flex-Eze contains xanthohumol for its potent anti-inflammatory properties.\*<sup>1</sup> Clinical studies show xanthohumol's potential to promote healthy levels of hyaluronan and collagen through molecular interactions.\*<sup>9</sup> Hyaluronan and collagen support healthy soft connective tissues and joint flexibility.\*<sup>9</sup>

Undenatured collagen promotes cartilage remodeling and supports healthy immune function resulting in joint flexibility and comfort.\*<sup>10,11</sup> Flex-Eze contains a proprietary collagen formula called UC-II®. Clinical studies show undenatured collagen's ability to promote healthy inflammatory markers and support healthy oxidative stress.\*<sup>4,10,11</sup>

## Flex-Eze Supplementation

The ingredients in Flex-Eze are dosed in a manner that is congruous with what research suggests to be effective and safe, particularly for supporting healthy joints and flexibility.\*

Clinical evidence and research cited herein shows that the ingredients in Flex-Eze may:

- Support healthy joints and flexibility\*
- Promote healthy inflammatory markers in the body\*
- Support healthy oxidative stress\*



**Form:** 60 Capsules

**Serving Size:** 1 Capsule

Ingredients	Amount	%DV
Magnesium (from magnesium bisglycinate chelate) (TRAACS®)	37.5 mg	9%
Hops Extract (cone; <i>Humulus lupulus</i> ) (5% xanthohumol)	50 mg	**
Undenatured Collagen (UC-II®)	20 mg	**

### Other Ingredients:

Hydroxypropyl methylcellulose, microcrystalline cellulose, tapioca starch, citric acid, stearic acid, silica, vegetable magnesium stearate.

UC-II® brand collagen with undenatured Type II Collagen (U.S. Patents 7,083,820, 7,846,487, 9,066,926 and EPO Patent EP1435906B1; Canadian Patent CA 2459981C; and Japanese Patent JP 4800574B2.)

UC-II® & logo are trademarks of InterHealth N.I.

TRAACS® is a registered trademark of Albion Laboratories, Inc. U.S. Patent 7,838,042.

### Directions:

Take one capsule twice daily with food or as directed by your healthcare practitioner.

**Caution:** Do not use if pregnant or nursing. If taking other supplements or medication, consult your healthcare practitioner before use. Keep out of reach of children.



GLUTEN-FREE



DAIRY-FREE



NON-GMO



PRODUCED IN A  
cGMP FACILITY

\* These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.

For more information, visit: [www.justbewell.info](http://www.justbewell.info)

## References:

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